

What is claimed is:

1. A method of wrapping a sandwich comprising the steps of:

A) placing the sandwich on a flexible sheet having a heat sealable substance coated on at least a portion of a side thereof;

B) folding the sheet around the sandwich such that at least a portion of the heat-
5 sealable substance contacts another part of the folded sheet; and

C) heating that portion of the heat sealable substance to form a heat seal with the part of the sheet that it contacts.

2. The method according to claim 1 wherein step C comprises applying heat from outside of the wrapped sandwich.

3. The method according to claim 2 wherein step C comprises placing the wrapped sandwich on a hot plate.

4. The method according to claim 1 wherein step C comprises applying heat from within the wrapped sandwich by wrapping a hot sandwich.

5. The method according to claim 1 wherein step C comprises causing less than all of the heat sealable substance to be heated sufficiently to produce a heat seal.

6. The method according to claim 1 wherein step A further comprises placing the sandwich on a sheet having the heat sealable substance coated along at least one edge thereof.

7. The method according to claim 1 wherein steps A and B are performed manually.

8. A method of wrapping a sandwich comprising the steps of:

A) placing the sandwich on a flexible sheet including a heat sealable coating on a first portion thereof;

B) wrapping the sheet around the sandwich such that the heat sealable coating
5 at least partially contacts a second portion of the flexible sheet; and

C) heating at least part of the heat sealable coating to at least partially adhere the first portion of the flexible sheet to the second portion of the flexible sheet.

9. The method according to claim 8 wherein step C comprises applying external heat to the heat sealable coating.

10. The method according to claim 9 wherein step C comprises placing the wrapped sandwich on a hot plate.

11. The method according to claim 8 wherein step C comprises applying heat to the heat sealable coating by wrapping a hot sandwich.